

Chicago Flute Club Handouts
Stance
By Patricia George

From Susan Fain (Thank You!)

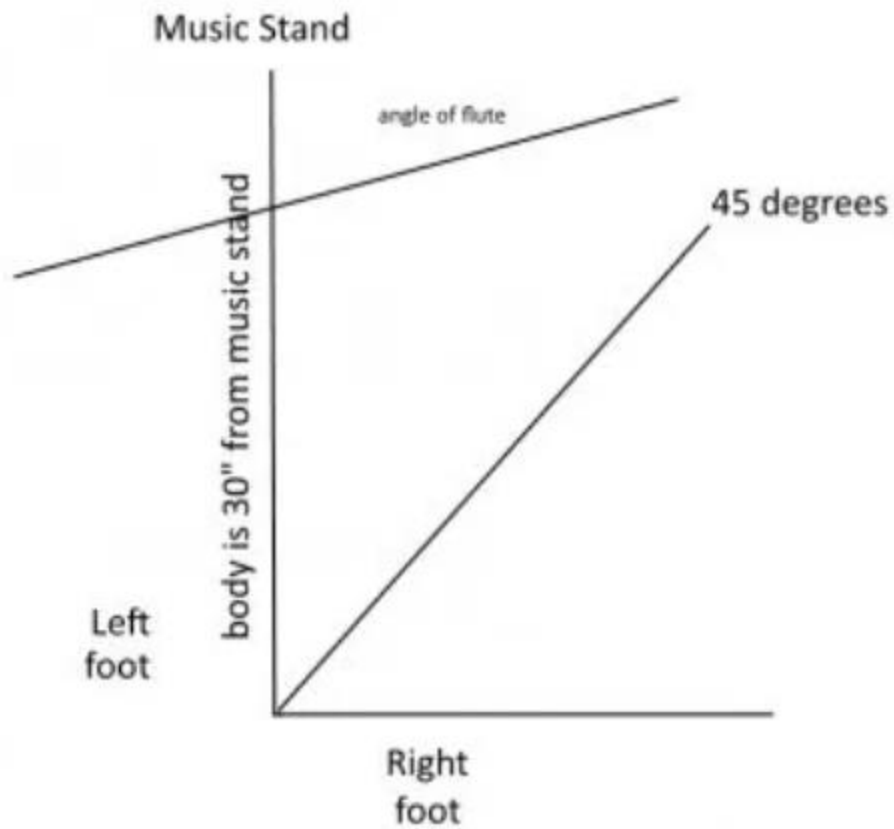


Flute Floor Mat

Emmanuel Pahud at Chicago Flute Fair

1. Align flute so the center of the right-hand keys aligns with the center of the embouchure hole.
2. Feet at 12:00 and 2:00
3. Center of body facing 45 degrees to the right.
4. Place G# key on nose with flute parallel to shoulders. (G# key vs. paddle)
5. Bring flute out 6 inches keeping flute parallel to shoulders
6. Turn head to left.
7. Pivot flute into chin.
8. The goal in alignment is nose, aperture, embouchure hole, left elbow, left big toe to center of music stand. Stand 30 inches back from music stand. The flute is 28 inches long for a reference.

Patricia George Handouts for CFC, March 2022



Flutist's playing position relative to the music stand

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I often have students make a floor mat using one yard of white muslin, a yard stick and magic markers.

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Think about the position of the end of the flute from an overhead drone view.

No

Yes



Other ideas:

Set right-hand from the E finger.

Set the left-hand by placing the flute just above the index knuckle. The left thumb should be straight and pointed to the ceiling. The bottom of the thumb keys will touch at the first crease back from the nail. This puts the wrist in the proper place.

To set the footjoint, place the F, E, and D fingers on flute and then with the pinky slide over to get a C, not a B. We play so few D's in public.

Hang the arms (and jaw).

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