

2023 Chicago Flute Club Festival: *Together Again!*

Schedule of Events

Subject to change

The Epiphany Center for the Arts
201 S Ashland Ave, Chicago, IL 60607

September 30, 2023

5:45 pm

Lifetime Achievement Awards Banquet Dinner

Join us as we celebrate the extraordinary musical lives of our honorees, their achievements and unique contributions to the flute world: **Phil Unger** (President/Owner of the acclaimed Flute Center of New York) and **Florence Nelson** (Vice-President of the CFC and former 2nd flutist/piccoloist of the New York City Opera).

Dinner will be held at Maggiano's on Clark in Chicago for \$75 per person. What a great way to kick off the 2023 CFC Flute Festival: *Together Again!* Make your reservation online at and join us for this special celebration dinner. <https://www.chicagofluteclub.org/event-5380654>
All are welcome! (limited seating)

October 1, 2023

9:00 am

Cafe

Registration Open (will remain open until 6:30 pm)

Raffle Tickets for flute related prizes on sale until 6 pm.

9:15 – 9:30 am

Guild Hall

Flute Choir Performance

Northern Illinois University Flute Choir

The Northern Illinois University Flute Choir is composed of music performance majors, music education majors, and music minors at Northern Illinois University under the direction of NIU Flute Instructor Scott Metlicka. NIU Flute Choir members perform piccolo, flute, alto flute, and bass flute. The NIU Flute Choir performed at the 2022 National Flute Association Convention in Chicago.

9:30 – 10:15 am

The Sanctuary

Lecture/Performance

Contemporary Mexican Works - Vanessa Lopez

Vanessa Lopez and Friends (Itzel Melgarejo, Chloe Tord and Claire Gunsbury) will present a lecture and performance featuring two contemporary Mexican works for flute. *Fantasia Mexicana* by Samuel Zyman, arranged for two flutes and piano, reveals a lively side to his compositional style with folk-music-inspired flourishes and virtuosity. Eduardo Angulo's nature-inspired *Eólica* flute quartet delights audiences and students alike with its playful melodies. The lecture will cover topics including the pedagogical value of using new and diverse repertoire to teach students concepts including vibrato, articulation etc...

The Catacombs

Lecture/Workshop

Historically Informed Performance Practice 101: French Baroque - Dr. Anesha Dexter

Join Modern and Baroque flutist, Dr. Anesha Dexter and explore the French Baroque Period, performance practices and Modern Day applications. Dive into the French National Style and

specific stylistic features (French Agréments). Dr. Dexter will reveal key figures and their works with musical demonstrations. Q & A will be available for continued discussion.

10:00 am – 6:00 pm

Chase House

Exhibit Hall Open from 10 am - 6 pm

Please be sure to visit our wonderful Exhibit Hall where you can learn about flutes and flute-related products from many different companies. Our special Corporate friends will be delighted to show you their flutes to try. There will also be music and various products to explore. This is a perfect time to see what is new out there to add to your music and flute collections.

10:15 – 10:30 am

Guild Hall

Flute Choir Performance

VanderCook College of Music Flute Ensemble

The VanderCook College of Music Flute Ensemble is a collegiate flute choir composed of students pursuing a Bachelor or Master of Music Education degree with flute as a primary or secondary instrument. The ensemble meets once a week and is directed by Dr. Mariana Gariazzo. VanderCook College of Music is located in Chicago, Illinois, and is a higher learning institution exclusively focused on music teacher education, the only such institution in the United States.

10:30 am – 12:00 pm

Epiphany Hall

Masterclass with Denis Bouriakov

Established as one of the world's leading flutists, Denis Bouriakov is currently the Principal Flutist of the Los Angeles Philharmonic, appointed by Gustavo Dudamel in 2015, and has previously served as the Principal Flute of the Metropolitan Opera in New York under James Levine. Denis has been combining orchestral and solo careers, regularly performing concertos and recitals worldwide. Take advantage of this opportunity to experience Denis' expertise as a teacher when he works with three performers chosen by audition: Jonathan Yuan (Wish Sonatine, Coleman); Destina Sarussi (Concerto in G, Mozart), and Yuyuan Yang (Concertino in D, Chaminade).

10:30 – 11:15 am

The Sanctuary

Recital

"Take Two"

Featuring flute and guitar, flute and clarinet, flute and trombone, and flute and flute duo performances. Works by Teves, Abreu, Thomas, Fine, Bellor and Hoover. Performers include Kim Fleuchaus and Julie Goldberg; Rebecca Johnson and Magie Beck; Marta Plominska, Dawid Mzyk, and John McMurtery.

The Catacombs

Lecture/Workshop

Poised and Powerful: How the Alexander Technique can help you Play with Ease! - Tommy Swanson

Join AmSAT (American Society for the Alexander Technique) certified and trained teacher, Tommy Swanson in a dynamic workshop demonstrating what Alexander Technique has to offer as you explore the mind-body connection through movement. For over 100 years, this Educational Method has been effective in improving mobility, performance, posture, and alertness while decreasing stiffness, tension, and pain. The Technique gives you the space to release chronic habits that cause you to shorten and hold excessive tension allowing you to lengthen and move with ease. This workshop is designed to be very interactive with lots of movement and conversation!

11:30 am – 12:15 pm

The Sanctuary

Recital

"Journey through Time"

Baroque and Modern Flutes featured in works by Telemann, Goethe-McGinn, Coleman, Theofanidis and Luzuriaga. Performers include Anesha Dexter, Lisa Goethe-McGinn, Julie Hobbs and Karina Kontorovitch, Joshua Stine and Ryan MacDonald.

The Catacombs

Lecture/Workshop

The Aging Flutist: Physical Challenges - Dr. Korinne Smith

This session will examine the most common physical challenges that senior adult amateur flutists are confronted with and pedagogical tools that work best for these challenges. Dr. Smith, flutist, teacher, and female leader in the music industry will introduce and discuss tools that address reduced flexibility of the hands, chronic breathing issues, pain related to posture issues, vision loss, endurance, changes in lip size and shape, and dry mouth.

12:15 – 12:30 pm

Guild Hall

Flute Choir Performance

Illinois Valley Flute Ensemble

The Illinois Valley Flute Ensemble, under the direction of Sue Gillio, was established in 1991 and is a premiere performance group in central Illinois performing music from Bach to the Beatles. Nestled in Starved Rock Country, the ensemble maintains an active performance schedule with membership of 20 to 25 players. Additionally, the group sponsors the annual Flute Day in February and the Summer Flute Retreat held each year in June.

12:30 – 1:15 pm

Epiphany Hall

Lecture/Workshop

Communicating Effectively with an Audience: The Use of Nuance and Inflection in the Pedagogy of William Kincaid - John Thorne

John Thorne, Associate Professor of Flute at Northwestern University's Bienen School of Music, will present a workshop on the pedagogy of William Kincaid. William Kincaid was one of the most influential flutists of the 20th century. He described in great detail how to prepare intervals and connect one note to the next. This use of nuance and inflection creates a seamless and dynamically varied phrase that conveys the musical intent of both the composer and the performer, which is the key to communicating effectively with an audience.

The Sanctuary

Recital

"Flutes and Friends"

Featuring flute and harp duo, piccolo/C flute/alto trio as well as flute/clarinet/oboe trio ensembles. Including works by Beeftink, Burel, and Lias. Performers include Gianna Capobianco and Abigail Stoner; Madeleine Krotz, Sara Denlinger, Mariana Gariazzo; and Diane Boyd Schultz, Mary Lindsey Bailey, and Osiris J. Molina.

The Catacombs

Lecture/Workshop

Out of the Box!

Creative Strategies to Enrich Your Flute Practice & Teaching - Dr. Cristina Ballatori

Are you looking for ways to enrich your own practice, your students' practice, or your studio teaching? Explore a variety of creative approaches to developing fundamentals in your practice and in the studio with Dr. Ballatori, Associate Professor of Flute at the University of Wisconsin-Whitewater and Director of the UW-W Flute Camp. From pool noodles and BBQ skewers to balance balls, vibrato pinwheels, and tennis balls, bring your flutes and get ready to step out of the box.

1:15 – 1:30 pm

Guild Hall

Flute Choir Performance

Eastern Illinois University Flute Choir

The Eastern Illinois University Flute Choir is comprised of all flutists involved in the music program at EIU, including non-majors, B.A. majors, B.M. Teacher Licensure majors, B.M. Performance majors, and students enrolled as graduate students in the M.A. program. The group meets several times each semester to prepare for festivals and recitals and is conducted by EIU's Associate Professor of Flute, Dr. Rebecca Johnson.

1:30 – 2:05 pm

The Sanctuary

Recital

“Piccolo Portraits”

Solo piccolo and piccolo/piano works by Loeb, Mower and Ware. Performers include Samantha Mitchell and Dr. Regina Helcher Yost with Dr. Hrant Bagrazyan.

1:30 – 2:15 pm

The Catacombs

Lecture/Workshop

Sacred Music by Women Composers - Courtney Conkling

Delve into the intricacies of sacred music for flute by women composers. Highlighted composers include Shulamit Ran, Katherine Hoover, Amelia Brey, Cynthia Folia, and Rhonda Larson. Women are underrepresented in most religious texts, but still finding personal meaning in the concept of a higher power and something larger than themselves. This session still leans towards Western Art Music and Abrahamic religions due to the nature of the genre and what was most readily adaptable for a concert flute.

1:30 – 4:00 pm

Epiphany Hall

The Donald Peck International Flute Competition

Four finalists will perform 20-minute programs including the required work which is CFC commission, Sonata for Flute and Piano “American Portraits” Movement 1 by James M. Stephenson. The finalists are Gabriel Cruz-Ruiz, Sophia Jean, Elizabeth McCormack, and Jungah Yoon.

2:20 – 3:15 pm

The Sanctuary

Recital (please note that this recital will begin at 2:20 pm)

“Musical Landscapes”

Solo flute, flute and piano, flute and piccolo, alto flute and backtrack and piccolo and backtrack in a colorful palette of compositions by Hoover, Pah-Paan, Choi, Valadez, Sosa, Beglarian, and Veldis. Performers include Darcy Tecalero, Suyeon Ko, Ben Carlee and Dr. Lina Yoo Min Lee, and Christine Erlander Beard.

2:30 – 3:15 pm

The Catacombs

Lecture/Workshop

Social and Emotional Learning - Madeleine Krotz

As a private flute instructor, how can we work to address our students' social and emotional needs? Check out how implementing Social and Emotional Learning (SEL) into your private teaching can help your students' growth and development. Learn a variety of tools that address the five fundamentals of SEL and how to use them in an effective way. Madeleine Krotz is a performer and teacher based in the Chicago area.

3:30 – 4:15 pm

The Sanctuary

Workshop/Performance

Voices of the Flute: Extended Techniques - Janice Misurell-Mitchell

Janice Misurell-Mitchell, composer, flutist, and vocal artist, will discuss and demonstrate how extended techniques can expand our ideas of music's relationship to words and images. As a composer of numerous flute pieces, Janice has an insight into ways in which our instrument can reflect a wide range of images - both from texts and visuals. She will discuss and present three of her solo pieces, each of which was inspired either by poetry, environmental sounds, or visual imagery. She will present information on the composition and demonstrate the sounds within it. She will then encourage members of the audience to try some of them out with their own flutes.

The Catacombs

Lecture/Q & A

Medical Issues Affecting Flute Players - Dr. Michael Roy Treister

Medical issues affecting flute players will be discussed, following which there will be an open question and answer session. Dr. Treister is a board certified orthopaedic and hand surgeon who practiced in Chicago from 1974 through 2014. While an orthopaedic resident at Northwestern University he studied flute at Roosevelt University and has been a dedicated

amateur flutist ever since! He has a particular interest in repetitive trauma disorders relating to musical instruments, especially carpal tunnel syndrome.

4:30 – 5:00 pm

Epiphany Hall

Flute Choir Performance

West Suburban Flute Orchestra

The West Suburban Flute Orchestra (WSFO), founded by CFC Member David Kelsey, boasts a roster of 140+ flute players and is one of the largest flute orchestras in the United States of America. The WSFO has gained national and international recognition, particularly for its key emphasis of having 50% of the ensemble as low flutes (alto flute, bass flute, contr'alto flute, and contrabass flute), giving the ensemble many layers, depth, and a truly unique sound. WSFO consists of some of the finest flute players in the Chicagoland area and beyond and is known for its safe, welcoming, inclusive, and true family feel. Director, Dr. Mark Ponzio.

4:30 – 5:15 pm

The Sanctuary

Lecture/Workshop

The Collaborative Process: Strategies for having an Easy Experience with Difficult Repertoire - Hristina Blagoeva, flute with Miles Massicotte, piano

Supporting the theme of the 2023 Chicago Flute Festival *"Together Again"*, this lecture will explore strategies and techniques related to collaboration between flutists and pianists. As students, amateurs, or professionals, the amount of time the musicians get to spend with each other is often very short, posing challenges to making an effective collaboration in just a few rehearsals. On the other hand, sometimes a flutist and pianist can develop a long-standing relationship involving many years of playing and performing together, which can present its own challenges as well. They will use one of the most difficult pieces in the flute repertoire to illustrate points: the Flute Sonata by Prokofiev, op. 94. Topics covered: collaborating with pianists; difficult flute repertoire; difficult collaborative repertoire; effective rehearsal strategies; effective communication techniques; principles of effective collaborative performances. Flutist Hristina Blagoeva, native of Bulgaria, is currently on the faculty of Brightpoint Community College. Pianist Miles Massicotte is an Assistant Professor of Piano and Director of Keyboard Studies at Virginia State University.

The Catacombs

Lecture/Workshop

Vocal Pedagogy, Anatomy and the Flute - Dr. Sasha Garver

Let's learn more about how voice science can inform flute playing and teaching in this informative and participatory workshop with singer, flutist and teacher/ researcher, Dr. Sasha Garver. The commonalities between pedagogies for the flute and voice will be covered from the unique perspective of a professional performer with degrees in both disciplines. Explore recent research and some useful exercises in both disciplines on the topics of Posture, Breathing, Tonal Resonance and Vowel Postures, and Vibrato. She will discuss how the scientific work of vocal colleagues, otolaryngology and speech therapy is directly applicable to flute playing and share some of her own video laryngoscope research with ENT physicians at the University of Iowa.

5:00 – 5:30 pm

Epiphany Hall

Open Flute Choir Reading Session

Come "Together Again" for an open flute choir reading session. All ages and levels and types of flutes are welcome to join in the fun!

5:30 – 6:15 pm

The Sanctuary

Workshop

Free Improvisation: Tapping into Your Creativity - Lisa Goethe-McGinn

This interactive session will explore ways that improvisation can help us get comfortable building our own self-expression, become less inhibited in our playing, and ultimately allow creativity to shine. We will explore different ways to approach improvisation using activities, games, and play-arounds. We will work together to develop the skills of self-expression through solo and group playing. Participants will need their flutes and be ready for some fun

and exploration. Lisa Goethe-McGinn's career takes her from soloist to collaborative artist, improviser and composer to teacher and clinician.

The Catacombs

Lecture/Workshop

Healing the Spirit Within: One Note at a Time - Kathrine Eldridge

This mixed media program integrates music, poetry, and art. Ms Eldridge started on the journey of healing after losing her first husband to cancer. She discovered that going out of her comfort zone with different creative processes healed her soul. Creating art and reading poetry revealed her passion and purpose - to play the flute and inspire others while she performs. So many are suffering in these turbulent times which is why she is sharing her experience on how she found peace. With this program, we will explore the themes of love lost and found, hope, joy, and gratitude through music (playing the flute), words (reciting poetry), and art (displaying her art journal). Her hope is that we all find new ways to heal the spirit within ourselves.

6:00 pm

Chase House

Exhibit Hall Closes/Raffle Ticket Sales End 6pm

6:00-6:20 pm

Epiphany Hall

Announcement of Donald Peck Awards and Raffle Prize Drawing

6:30 – 8:15 pm

Epiphany Hall

Gala Concert

Denis Bouriakov, flute with Kay Kim, piano

Celebrate the finale of the 2023 Flute Festival: "Together Again!" by joining us at the Gala Concert. This is certain to be an extraordinary concert featuring world-class flutist, Denis Bouriakov accompanied by pianist, Kay Kim.